



## National Service Project: Honoring Our Everyday Changemakers

### Instructions for Troop Leaders

Small acts of kindness and gratitude can have an incredible impact on your community! And through this national service project, inspired by GSUSA's new [Becoming Me program](#), Girl Scouts can pay it forward by recognizing the people in their communities who have supported them in finding their unique paths.

Here's how you can take part:

- **With your Girl Scouts, think about the people who support and inspire them.** They might be teachers, parents, or any individuals serving your community and supporting others. Talk about why it's important that we honor people who support us. Use our discussion guide below to help you get started!
- Once your girls have decided who they'd like to honor, **decide how the troop will show gratitude.** Here are a few ideas they can consider:
  - Write a card or letter to thank the person and tell them what their support has meant to you.
  - Create a piece of art or a photo collage showing how this person inspires you—then share it with them!
  - Spend a few hours doing community service to honor the person, supporting a cause they champion.
  - Host a virtual troop meeting or small event where troop members invite their chosen individuals and share remarks about how they've felt supported by them in becoming who they are today. Consider inviting the girls' caregivers and other community members to help celebrate the changemakers.
- **Have the troop reflect on their experiences of recognizing the people they selected.** Ask: How did it feel for you? How did your person react? Did others in your community respond to the recognition you showed? How so?

Once your troop has completed the service project, remember to:

- Inspire others to give back! Post a photo of your project on social media using the hashtag #GirlScoutsGiveBack. Be sure to tag @girlscouts too!
- Complete [our survey](#) so your troop's impact can be counted in our national service project documentation.
- Take part in the [Becoming Me program series](#) to earn three badges that help you explore your story and the power of your voice. You can even receive a patch!

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### Troop Discussion Guide

- What does it mean to be a part of a community?
  - What communities are you a part of?
  - What roles do we as individuals play in our communities?
- How can small acts of kindness—including thanking others for supporting us—help our communities? Why might we think of this as community service?
- How does it feel when someone thanks you for supporting them?
- Who in your life supports you? Who is helping you find your strengths and become who you are? Who do you look up to and why?
- Can you think of a time you were struggling to use your voice or complete a project and someone offered their support?
- Why was the support of the person you chose to honor especially important to you? How did they help you?
  - Think about this person's whole story: what about them inspires you?
  - How do you hope recognizing this person will make them feel? How might it impact others in your community?
- Why is it important to reflect on how other people support us?