



VIRTUAL GIRL SCOUT LAB

Because of Her Virtual Girl Scout Lab March 26, 2020

To complete the Virtual Girl Scout Lab Activities, you must join the GSBDC - Girl Scouts Facebook Group or the GSBDC - Parents and Volunteers Facebook Group. Then, join the Virtual Lab Event in the group you joined. Complete three out of five activities.

Clara Barton

1. Learn about a Civil War battlefield. There are several battlefields located in our Council. Learn about the history of the battle and the kind of injuries that were sustained by the men that fought there. Learn about what Civil War era medics and surgeons could have done to try and help men who were injured. Post something new that you learned in the Virtual Girl Scout Lab page.
2. Hardtack was a biscuit made out of flour and water that was frequently given to Civil War soldiers as part of their rations. Hardtack isn't very tasty, but it was still a big part of the Civil War soldier's diet because it was inexpensive and easy to make. Work with an adult and follow these instructions to make your own hardtack by clicking here. Share a photo of your hardtack in the Virtual Girl Scout Lab page.
3. The American Red Cross offers certifications in a number of different areas, including CPR, First Aid, and even babysitting. Research the different courses offered by the American Red Cross and find a class that interests you. Do some research on the skills taught in that class and find a way to learn one of those skills in a different way. Post what you learned in the Virtual Girl Scout Lab page.
4. Create a video or poster to inform others about Clara Barton, the American Red Cross, first aid or the American Civil War. Share your video or poster in the Virtual Girl Scout Lab page.
5. Clara started the American Red Cross because she saw a need in her community and other communities to have aid ready to help people after disasters. Brainstorm some ideas of a simple project you can carry out to help your community and share your ideas in the Virtual Girl Scout Lab page.

THERE IS POWER IN EVERY GIRL

Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.
Join today at www.bdgsc.org/join. If you would like more information, contact our Customer Care Team at (304) 345-7722