



VIRTUAL GIRL SCOUT LAB

Because of Her Virtual Girl Scout Lab April 9, 2020

To complete the Virtual Girl Scout Lab Activities, you must join the GSBDC - Girl Scouts Facebook Group or the GSBDC - Parents and Volunteers Facebook Group. Then, join the Virtual Lab Event in the group you joined. Complete three out of five activities.

Billie Jean King

1. Billie was awarded the Presidential Medal of Freedom for her contribution to American culture and her hard work fighting for equality for women. Research the Presidential Medal of Freedom and the different reasons a person can be honored with that award. Research another individual who has received this award and make a post about them in the Virtual Girl Scout Lab.
2. Think about something that you are afraid to try, or something that you tried in the past, but failed. Write a pledge to yourself that you will keep trying until you succeed.
3. Keep an exercise diary and commit to using it for at least two weeks. Try different methods of exercising during that time to keep track of what activities you try and when. Rate the different exercises you try and keep track of your favorites. Share your progress in the Virtual Girl Scout Lab during the two weeks.
4. With an adult, complete an internet scavenger hunt about Billie by clicking here.
5. In 1975, Billie was recognized as Time Magazine's Person of the Year. Research another person or group who has been recognized with this honor, and share what you learned by creating a post in the Virtual Girl Scout Lab.

THERE IS POWER IN EVERY GIRL

Girl Scouting builds girls of courage, confidence, and character, who make the world a better place. Join today at www.bdgsc.org/join. If you would like more information, contact our Customer Care Team at (304) 345-7722