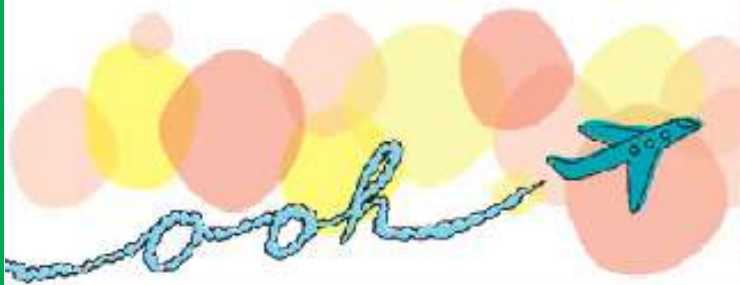
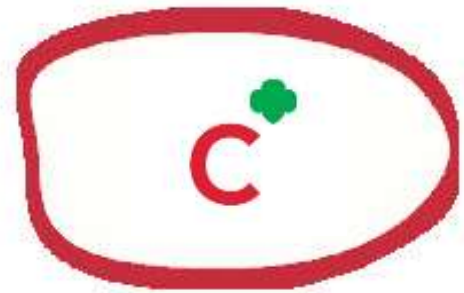


CADETTE GRADE LEVEL 2014-2015



Self-Study

Girl Scout Cadette Program Level Training

Welcome to the Girl Scout Cadette Grade Level Training for the Girl Scouts Of Black Diamond Council. This short course is for volunteers working with Girl Scout Cadette or for Cadettes themselves who want to know more about the Girl Scout program.

How to Complete the Self-Study:

- 1) Read and complete the Self-Study Guide.
- 2) Return the completed self-study quiz and evaluation form to:

Girl Scouts of Black Diamond Council
PO Box 507
Charleston, WV 25322-0507

You may also return the completed materials to your local MSM.

Questions during the self-study, contact:

Becky Pack, Director of Volunteer Development
304-345-7722 ext. 1102

Becky.pack@bdgsc.org

By the end of this tutorial, you will be able to:

- Describe WHAT Girl Scout Cadettes do
- Describe how Girl Scout Cadettes learn leadership skills,
- Determine how you can help your Girl Scout Cadettes follow their interests
- Apply 3 important components of the teen program regarding financing, inclusion and sensitive issues
- Identify 5 resources essential for Girl Scout leaders



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Who is a Girl Scout Cadette?

Girl Scout Cadettes are girls in 6th, 7th and 8th grades. They may be bridging up from Juniors or joining Girl Scouts for the first time.



Girls this age typically have good communication skills and are interested in exploring the world around them. They enjoy leadership activities, direct service, and travel - a perfect time for Girl Scouts.

Girl Scout Cadettes: What They Do

Girls say that a leader is not only defined by the qualities and skills one has, but also by how those qualities and skills are used to make a difference in the world. This definition led to the development of the Girl Scout Leadership Experience.



The Girl Scout Leadership Experience is made up of two main sets of resources: "The Girl's Guide to Girl Scouting" and leadership "Journeys".



The Girl's Guide to Girl Scouting is a binder full of general information and specific badge requirements. There are three tabs in The Girls' Guide, which indicate the "Handbook" section, the section on "badges" and the "My Girl Scouts" section. We'll cover each in detail.



Behind the Handbook tab, you will find Girl Scout traditions, history and ceremony ideas. There are Uniform details including the exact placement of earned awards on girls' sash or vest. There are overviews of each Journey series. We'll explore these in a few pages, but for now - know that the Girl's Guide "handbook" section is a great resource for your Cadettes when they are selecting a Journey.

Girl Scout Cadettes: What They Do

Cadettes have a number of specialized awards. The criteria for the following awards are included here:



The Girl Scout Silver Award - the highest award for 6th, 7th and 8th grade Girl Scouts



My Promise, My Faith Award



Cookie Sale Pin



Safety Award



The Silver Torch



Community Service Bar



Service to Girl Scouting Bar

Yearly awards for Global Action and World Thinking Day

If your Cadettes like working with younger girls, they might want to earn their "Leader in Action" awards. Earning the LIA gives them an opportunity to put their skills into action by helping a troop of Girl Scout Brownies complete their Leadership Journey. The complete requirements for the award can be found in the Adult guide for the Brownie Journeys, so start by having your Cadettes network with Brownie troops in your area. After earning at least one LIA award, they can take the next step and earn a Cadette Program Aide award.



Girl Scout Cadettes: What They Do

Next up is the "Badge" section. It contains an "awards log" for girls to track what they earn.

There is also an overview of the badges available at all levels. This is helpful for Cadettes looking ahead and planning for future years.

Badge Category	Topic Area	Brownie	Junior	Cadette	Senior	Ambassador
Legacy	Cook	Snacks	Simple Meals	New Cuisine	Locavore	Dinner Party
Financial Literacy	Financial Literacy	Money Manager	Business Owner	Budgeting	Financing My Future	On My Own
Cookie Business	Cookie Business	Meet Your Customers	Cookie CEO	Business Plan	My Portfolio	R & D
Skill Building	Outdoors <i>(It's Your Planet - Love It! Badge Set)</i>	Hiker	Camper	Trail Blazer	Adventurer	*NA
Make Your Own	Girl's Interest	Whatever a girl is interested in!	Whatever a girl is interested in!	Whatever a girl is interested in!	Whatever a girl is interested in!	Whatever a girl is interested in!

Behind this tab, you will find the requirements for earning 7 legacy badges. These are traditional categories such as First Aid, Athletics, Nature, the Girl Scout Way, etc.



Cadette First Aid



Good Sportsmanship



Trees



Cadette Girl Scout Way



Comic Artist



Finding Common Ground



New Cuisines

The Girl's Guide to Girl Scouting contains the requirements for three financial literacy badges, three "Cookie Business" badges for the budding entrepreneur/philanthropist, and one "Make Your Own" badge which can be designed and earned one time each year. Girls cannot earn badges developed by other groups or troops. The design itself is half the learning!

Badges

- Awards Log
- Overview
- Badge Requirements for:
 - 7 Legacy
 - 3 Financial Literacy
 - 3 Cookie Business
 - 1 Make Your Own

Girl Scout Cadettes: What They Do

The third section entitled "My Girls Scouts" contains Journal pages and a sheet for autographs, a community service log to track her volunteer hours and "letter to self" and "time capsule" exercises.



The Girls' Guide to Girl Scouting
guides Girl Scout Cadettes to...

Give Service



Build Skills



Have Fun!



Take a moment now to answer Questions 1 - 3 in your Learning Log.

Girl Scout Cadettes: What They Do

In addition to the 20 plus badges and awards described in the Girls' Guide, your Cadettes might want to check out the 3 "badge activity sets" which are sold separately. Each set contains the requirements for 5 more badges.



The 15 extra badges include topics such as woodworking, public speaking, babysitting and more! These supplemental badge sets are designed to tie in to each of the three Journey books, but they can be done on their own, as well.



You've seen the Girl's Guide to Girl Scouting and the additional badge sets. Next we add in the Leadership Journeys. Together these program materials add up to become the Girl Scout Leadership Experience.

Girl Scout Cadettes: What They Do

Journeys help girls discover who they are and what they stand for, how to connect with others and how to take action to make the world a better place. These three skills are the foundation for developing tomorrow's leaders. We'll talk about these "Three Keys to Leadership" more later.



There are eighteen Journeys in all - three for each program level. Girls can choose to complete ANY of their three journeys in ANY order.

For Cadettes the three choices are:

- "aMAZE: The Twists and Turns of Getting Along" - where girls learn how to navigate friendships, gain confidence, and build peace;
- "Breathe" - where they explore the air and investigate the environment
- "MEdia" - where girls become aware of the values and limitations of today's media.



Each Journey has an Adult Guide that goes along with it. This "How To" Guide for adults offers information about journey awards and step-by-step ideas for journey sessions. Girl Scout Cadettes should use these guide when making decisions for their troop. Each Journey has its own set of awards For Girl Scout Cadettes, the earned awards are three interlocking badges. If they earn all three awards, and complete all three Journeys - they have earned the Journey Summit pin: the second highest award for Cadettes.

Girl Scout Cadettes: What They Do

How do you KNOW that a girl has completed a Journey? When she has earned all three of the Journey awards and completed the Take Action Project. After this, if they so choose, a Girl Scout Cadette is in the perfect position to start on her Silver Award Project.

Want to learn more about Journeys?

- READ the Adult Guide.
- Check out the book "It's Your Journey - Customize It!"
- Watch "Beginning the Journey" in the training section of our website
- Explore the interactive maps at www.girlscouts.org



Three Journeys to Choose from!



Your Journey Awaits!

Take a moment now to answer Questions 4 – 5 in your learning log.

Girl Scout Cadettes: Leadership Skills

The "Three Keys to Leadership" we mentioned earlier - Discover, Connect and Take Action, form the structural basis for the Journey series. The three keys were based on what girls defined as necessary skills for today's leader.



As a girl makes her way through a Journey, you should see her demonstrating the outcomes established under the three headings.

Girls "Discover" by gaining a stronger sense of self, positive values and practical life skills.

Discover

- 1 Girls develop a strong sense of self.
- 2 Girls develop positive values.
- 3 Girls gain practical life skills.
- 4 Girls seek challenges in the world.
- 5 Girls develop critical thinking.

Connect

- 1 Girls develop healthy relationships.
- 2 Girls promote cooperation and team building.
- 3 Girls can resolve conflicts.
- 4 Girls advance diversity in a multicultural world.
- 5 Girls feel connected to their communities, locally and globally.

When they "Connect" they develop healthy relationships, resolve conflicts and promote cooperation.

When girls "Take Action" to make the world a better place they identify community needs, solve problems and advocate for themselves and others.

Take Action

- 1 Girls can identify community needs.
- 2 Girls are resourceful problem solvers.
- 3 Girls advocate for themselves and others, locally and globally.
- 4 Girls educate and inspire others to act.
- 5 Girls feel empowered to make a difference in the world.

Girl Scout Cadettes: Leadership Skills



For Cadettes, "Discover" doesn't mean:

Girls would use magazines to discover fashions,



but rather they could use those same magazines to explore stereotypes and describe their impact on their self esteem.



And "Connect" doesn't mean:

"Girls connect at 8p.m. for a pizza party,"



but rather it could mean "Girls get together for a pizza party where they have fun, do some team building, and set guidelines for their troop."



Finally, when Girl Scout Cadettes take action, they don't just complete a service project, but rather they address the root of an issue, have a measurable impact and create lasting change.

"Take Action" doesn't mean - Caroling at a nursing home during the holiday season, but rather working with local schools to provide monthly music services for a senior center.



The difference between a Service Project and a Take Action project is very important to note. Completing a strong take action project is a great "dress rehearsal" for a Girl Scout Silver Award project.

Practice distinguishing between the two by answering Questions 6 – 8 in your learning log.



Girl Scout Cadettes: Leadership Skills

What makes Girl Scouting really great - what makes us stand apart from all the rest is how our girls are engaged in their own leadership experience. Not just WHAT they do - but HOW they do it. Girl Scout activities must be "Girl Led" and include features where girls are "Learning by Doing" and participating in "Cooperative Learning."



Detailed information about what you as a Cadette leader should be striving for is contained in "Transforming Leadership Continued" a free, online publication that describes what this looks like for Girl Scout Cadettes. Download this book:



http://www.girlscouts.org/research/pdf/transforming_leadership_continued.pdf.



means Cadettes figure out the what, where, and how for their troop. They should be doing short and long-term planning for activities, consulting safety regulations, making plans to earn money and taking the lead on paperwork and scheduling.

GIRL LED				
GIRL SCOUT GRADE LEVEL	BY GRADE LEVEL Generally, girls could...	SAMPLE INDICATORS For example, girls might...	BY GRADE LEVEL To implement the process, adults could...	SAMPLE INDICATORS For example, to implement process, adults might...
Cadette 6-8	initiate discussions and activities, and take responsibility for organizing and implementing an activity with little input from adults.	plan the agenda for the next troop meeting and run it, and afterwards, evaluate how well it went and how they might have made it better.	encourage girls to plan challenging activities or tasks and serve as a resource for them.	invite girls' participation in decision-making for the troop as appropriate (e.g., committees, program, membership).
		guided by the "W" questions (who, what, when, where, why, and how), make a decision about a specific aspect of an upcoming community event.		
	articulate the reasons behind their decisions, share opinions, and/or debate ideas with others.	report on their action projects, explaining the logic underlying their plans, providing the details of what they did, and assessing the impact of their projects.	promote discussion and debate, giving guidelines for depersonalizing arguments—debate without "finger-pointing."	allow girls to learn, apply, and practice discussion and debate strategies through guided role-play.
	volunteer to offer advice or assistance to others.	serve as tutors or mentors to other Girl Scouts.	expose girls to opportunities to teach or	encourage girls to participate in Take Action

Girl Scout Cadettes: Leadership Skills

Practice letting them lead, by encouraging them to decide where, when and how they will meet. You can recommend the Girl Scout "parts of a meeting" but your Cadettes decide which components to use. Free socializing might be just what they need for a gathering activity, but a poem might serve as an opening.



Your girls may decide how to govern themselves, based on the size of the troop. "Patrols" or subgroups are traditional for Girl Scouts, but become very important during the teen years. Patrols can be used for planning any trip, activity or event. Your girls might also have an executive board or discuss issues through a town meeting. Below is a detailed discussion of each type of troop governance.

Patrol System



The patrol system is a representative form of government in which the troop breaks into small groups called patrols. This allows every troop member to have a say and a chance to try out leadership roles. Each patrol has a leader, elected by the members, who conducts regular patrol meetings, leads discussion, delegates responsibilities, consults with advisors, and represents the patrol at Court of Honor meetings.

Executive Board



An executive board is a small group made of elected officers (for example, a president, vice-president, secretary and treasurer). Some troops also decide to have rotating executive boards and/or presidents. The executive board gathers ideas from the group, recommends activities and then assists the group in carrying out those plans. As the adult leader, you act as an advisor to the board.

Town Meeting



In the town meeting system, all troop members meet to discuss group business. This system is most effective with groups of less than 20. Moderators may be elected by the group, or members may take turns guiding discussions.

Girl Scout Cadettes: Leadership Skills

Learning By Doing

"Learning by Doing" means that Cadettes actively participate AND reflect on what they've experienced.

□ LEARNING BY DOING				
GIRL SCOUT GRADE LEVEL	BY GRADE LEVEL Generally, girls could...	SAMPLE INDICATORS For example, girls might...	BY GRADE LEVEL To implement the process, adults could...	SAMPLE INDICATORS For example, to implement process, adults might...
Cadette 6-8	engage in learning experiences that are hands-on, self-directed, challenging, and solve real-life problems.	be a part of a mock trial jury or go through an active deliberation process for a "whodunit."	ask critical questions to challenge girls to think more deeply or engage more fully in a learning experience.	provide realistic role-play scenarios and discussion questions that allow girls to learn, apply, and practice strategies on their own.
		research the effects of global warming on the environment, and then create a guide for ways they can help prevent these damaging effects in their homes.		
	question theories and/ or verify understandings through systematic exploration and experimentation strategies.	test a common misperception or a concept with minimal evidence, and then document their findings.	encourage curiosity and give girls minimal assistance in establishing their own scientific method for experimentation.	enable girls to experiment with ways to solve real-life problems and to share their methods with others (e.g., best uses of recycled water).
	create hands-on learning activities for less experienced peers or younger girls.	develop hands-on learning activities and games for others (e.g., a budgeting game for shopping) and teach other girls these	suggest and offer feedback on activities that involve mentoring less experienced or younger girls in hands-on learning.	ask girls what would be the best way to teach something to other people and help them work out a graphic or demonstration.



Getting out-of-doors, is a perfect way to engage girls in hands on activities. Building skills by earning badges broadens their horizons and guides them into service. If the girls are trying new things then sitting down to talk about them - then they are developing their leadership potential.

Cooperative Learning

Cooperative Learning is when Cadettes work together toward a shared goal in an atmosphere of respect and collaboration. The group shares responsibility and credit.

◻ COOPERATIVE LEARNING				
GIRL SCOUT GRADE LEVEL	BY GRADE LEVEL Generally, girls could...	SAMPLE INDICATORS For example, girls might...	BY GRADE LEVEL To implement the process, adults could...	SAMPLE INDICATORS For example, to implement process, adults might...
Cadette 6-8	work with a group on complex activities or Take Action projects using cooperative strategies with limited assistance from adults.	work with other girls to organize the agenda for the next troop meeting.	observe cooperative learning groups, but act only as a resource for girls so that girls do most of the planning.	ask questions that help girls come together around a solution or plan of action before offering your own solution or plan.
		as a group, plan an activity for a large gathering of people such as a Thinking Day program.		
	share responsibility and credit for collaborative work.	start to use language that acknowledges group effort (e.g., using "we" or "our" instead of "I" or "me").	encourage girls to plan and participate in challenging activities or tasks that involve the entire group in decision-making and implementation.	ask girls to evaluate their planned activities and the individual contributions of group members, and then explore how behaviors of individual group members affected the group's common goal.
	cooperate even when they disagree with the approach or task that the majority of their group has decided upon.	through discussion and compromise, work out ways to solve problems that arise within the group.	support girls' learning effective communication skills through conflict resolution exercises within a group.	establish "fish-bowl" role-plays where a girl draws a sample conflict written on a slip of paper from a "fish bowl;" a girl draws one, and others rotate in and out of that role to resolve it with effective communication.

Girl Scout Cadettes: Leadership Skills

Supporting your Cadettes in the prevention of conflict and in the response to conflict when it inevitably arises is a big part of helping them grow as future leaders. Group guidelines and behavior contracts help in the prevention of conflict, while conflict mediation and group negotiations help girls manage conflicts once they arise.

The key to prevention being successful is to involve the girls in the prevention process. You should intervene only after girls have attempted to resolve a conflict. Talk to them about conflict resolution early in the year, before any problems arise. Read the four strategies below to learn more.

Group Guidelines

Girls should develop guidelines early in the year, before conflict arises. Guide them to establish ground rules regarding cell phones, texting and social media. Have conversations about behavior, money earning, and what to do when things go wrong. The advisor helps, but they must hold each other accountable.



Behavior Contracts

Behavior Contracts are also an important tool for meetings, and necessary for outings & trips. Create contracts with the girls that include expectations & consequences. Have each girl sign a contract and be sure to follow through with any consequences when necessary.



Conflict Mediation

If two or three girls are in a conflict, encourage a third girl who is neutral to sit down with them to talk it out. She should help them:

- 1) Identify the problem
- 2) Listen to each side of the conflict
- 3) Identify possible solutions
- 4) Respond to suggestions
- 5) Reach a compromise for how they can move forward



Group Negotiation

When a conflict affects more than just a few girls, it is important to have the whole group sit down and talk through what happened. Use the same steps as in mediation, but allow more time for additional perspectives and suggestions. This might seem daunting, especially with strong feelings and complex issues, but problem solving in a large group is an invaluable skill for girls to practice.

Discover, Connect, Take Action
Girl-led, Learning by Doing and Cooperative learning
That's the Girl Scout Leadership Experience!!

Take a moment now to answer Questions 9 – 10 in your learning log.

Girl Scout Cadettes: Interests

With all these choices and important outcomes to achieve, let's go over how you can help your Girl Scout Cadettes make decisions and follow their interests.

It is important to remember that girls in this age group are beginning to have a lot of commitments. They join or stay in Girl Scouting through their teen years because they want to:

- Be a part a of a group THEY create
- Participate in activities THEY choose
- Talk about topics that interest THEM
- Work with adults to whom THEY relate



Cadettes are capable of and should take on a lot more responsibility than younger girls.

A great way to start your troop's Girl Scout year is to have your troop determine what kinds of things they want to do. Here are three ideas for gathering input:

1. You might borrow the Girl's Guide and Journeys from your Service Unit library or another troop, then let your girls explore the books and select one to start with.
2. Your girls could brainstorm a list of "fun things to do" and vote on their favorites,
3. You could pre-select a wide-variety of topics and let the girls vote with stickers or post-it notes.

Explore the books

Brainstorm

- go camping
- make crafts
- help the homeless
- have a party
- sell cookies
- go to Savannah
- put on a play
- earn badges
- work on Silver award
- plan a ceremony

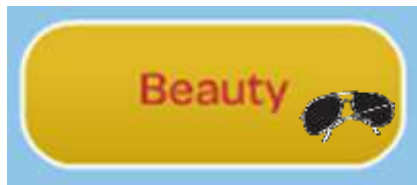
Vote 3 times

Travel	Art
Camping	Sports
Helping others	Science

Girl Scout Cadettes: Interests

Once you have an idea of what the girls want to do, you can go to the Girl Scout shop and match their interests to the existing Girl Scout program and materials. But HOW do you decide which book to start with?

Below, you will find a list of topics that might be of interest to your girls. Beside each topic, you will see which resources support that area of interest. These are great pages to come back to throughout the year as the girls' interests evolve, or let your troop look at these choices themselves. Members of a Cadette troop can also form patrols with different goals and interests to pursue. We'll cover this idea in a few minutes.



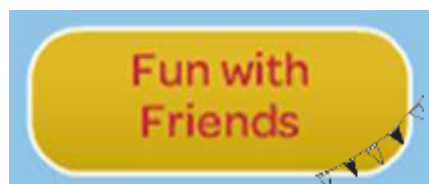
The aMAZE Journey is a great resource for Cadettes to go beneath the surface by developing a strong sense of self. The supplemental badge pack for aMAZE contains a badge called Eating for Beauty, where girls find out how to eat to keep your skin glowing, your mind focused, and your energy flowing. Girls may also want to earn the My Promise, My Faith award.



"The Girls Guide to Girl Scouting" can help your girls prepare to camp by earning the 'First Aid' badge, then while camping, they can work on their Naturalist - Tree badge and learn about trees. The supplemental badge pack for Breathe contains a Trailblazing badge, where girls put all five senses to use in the outdoors.



"The Girl's Guide to Girl Scouting" contains three badges focused on financial literacy: Budgeting, Comparison Shopping, and Financing My Dreams. Council sponsored product sales give girls a great opportunity to earn one of the three Cookie Business badges: Business Plan, Marketing, and Think Big, all the while earning money for activities and practicing their financial literacy skills.



The MEdia Journey is a great resource for girls who love to laugh and be social. The supplemental badge set that corresponds to this. The Journey also has some great options such as Field Day and Netiquette.



If you have girls that are interested in leadership or politics, the "Girls Guide to Girl Scouting" is a great place to start. They can work on their Silver Award or several badges including: Finding Common Ground, Girl Scout Way, and Think Big.

Girl Scout Cadettes: Interests

Helping Others



While every Journey has a Take Action project, the MEdia Journey is a great place to get started. The Program Aide and Silver Award (requirements within the "Girls Guide to Girl Scouting") are also great for girls interested in helping others.

Performing Arts



The MEdia Journey is a great resource for Cadettes who love to create and perform. In addition, the aMAZE supplemental badge pack encourages girls to find their inner performer through the Public Speaker badge. The girls can also create a screenplay for their Screenwriter badge.

Science & Technology



The Breathe Journey is a great resource for girls interested in science, leading them to make an impact on the environment and the community. The supplemental badge pack for Breathe has a Special Agent badge that allows girls to be detectives, scientists, psychologists, and even enforcers of the law.

Sports & Games



"The Girls Guide to Girl Scouting" is a great resource for girls interested in sports. They can earn their Athlete - Good Sportsmanship badge and learn about being a good team player or study for First Aid. Later on girls can organize teams and events for an exciting, do-it-yourself field day with the supplement pack for MEdia that contains the Field Day badge.

Taking Care of the Earth



The Breathe Journey is a great resource for Cadettes to connect with the planet and the air it gives to humans and nature. In addition, the MEdia supplemental badge pack allows girls to earn the Animal Helpers Badge, where they explore how animals can help humans emotionally, with safety.

Travel



Use badges in the "Girl's Guide to Girl Scouting" to help your troop prepare their future travel plans. The New Cuisines badge can help girls explore amazing dishes from around the world. Make Your Own badge is a great way to gain and learn skills for traveling.

Visual Arts



The "Girls Guide to Girl Scouting" gives girls the opportunity to practice visual arts through earning the Comic Artist badge by creating a comic. In addition, the supplemental badge packet for Breathe has some great badge options like Book Artist and Woodworker.

Girl Scout Cadettes: Interests

Let's explore how different troops of girls can make their passions a reality through Girl Scouting.

Let's meet Kayla.



Kayla's Cadette troop has been formed by eight girls coming together from three different junior troops. They complete the Finding Common Ground badge from the Girl's Guide to Girl Scouting and discover they all love the performing arts. They decide to plan a spring trip to New York City, to see a Broadway show.



To earn the money to finance their trip, they will participate in the fall product sale, the cookie program, and will plan two Service Unit events for Brownies.

Still getting to know one another, they embark on the Amaze Journey at their bi-monthly meetings. By spring they have enough money to pay for their trip with some leftover to buy supplies for their Take Action project. By fall of the following year, they are in a good position to begin working on their Silver Award.



Kayla enjoyed working with Brownies at the Service Unit events, so she will pursue her Leader In Action and Program Aide award.



Let's meet Brianna



Juniors in this Service Unit bridge into one very large Cadette troop. Some of the girls enjoy frequent meetings, while some of the girls have very busy schedules.

During the first meeting, the leader guides the girls to select a patrol based on their time and interests. One adult advisor works with each patrol, to keep them on track.



Brianna wants to Camp Her patrol decides to sign-up for a county-wide teen camping weekend, where they will almost complete their Breathe Journey and be prepared to finish it afterwards with their Take Action project.



With the leftover funds from the cookie sale, they are able to complete their Take Action project, buy their Breathe Journey awards and reward themselves with a "troop only" camping trip, inviting girls from other patrols to join in.



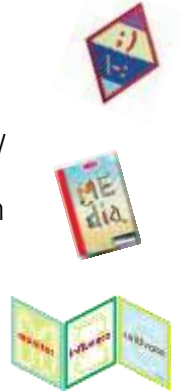
Girl Scout Cadettes: Interests

Let's meet Zoe



Zoe's small Junior troop bridged up together into Cadettes. They wanted to stay together as a troop, but girls were missing meetings because of busy schedules. Using social media tools, the girls started a Friday night "Troop Chat." In a couple of weeks they have completed the Netiquette badge! The Media journey was a natural next-step and they took turns leading sessions. Every 6 weeks they planned an outing or an event.

Zoe was passionate about an idea for a Take Action project, so she made a PowerPoint project and pitched the idea to the troop.



The troop met and completed their Take Action project during one of their outings. The girls used the online sales tools to earn money through the cookie program. They'll use their earnings to buy awards and pay for an end-of-year celebration.

Girl Scout Cadettes: Finances

At this age - money management is primarily the responsibility of the girls. They develop their calendar and budget accordingly. If they are planning an extended trip, they may plan 2 years ahead. Trips can be financed by personal funds, dues, or through money earning activities. The council sponsored cookie program and fall product sale are great ways for girls to support their goals. Troops can also request approval for additional money earning activities that they come up with on their own.



There is still ONLY ONE troop bank account and the money cannot be "cashed-out" of Girl Scouting if a girl leaves.

More information on this can be found in Volunteer Essentials and in the Troop Money Management tutorial on the GSCNC website.



Girl Scout Cadettes: Inclusion

Girl Scouts embraces girls of all abilities, backgrounds, and heritage regardless of socio-economic status, race, physical or cognitive ability, ethnicity, primary language, or religion.



Girl Scouts embraces girls of all abilities, backgrounds, and heritage, regardless of socio-economic status, race, physical or cognitive ability, ethnicity, primary language, or religion.

“Inclusion” is an approach and an attitude, rather than a set of guidelines. It is a core tenant of Girl Scouting at every level. Specifically for teens, the chance to welcome new girls into your troop is their opportunity to model this openness.

Teen troops often combine with other troops to maintain the group experience. The bigger the group means more diverse interests, more teamwork opportunities (and better group rates).

Girls are great at figuring out ways to accommodate differences when given the chance. Learning to weigh the concerns, beliefs, and needs of others, makes them stronger leaders. Make a commitment to inclusion and diversity in your troop.



Take a moment now to answer Questions 11 – 13 of your learning log.

Girl Scout Cadettes: Sensitive Issues

Girl Scouting creates a supportive environment - because of this, girls may feel comfortable discussing sensitive topics. This is very common in teen troops.

Advisors should host a parent meeting at the beginning of the year. Explain that you will seek their permission for any activities that are planned around sensitive issues, but they should be aware that these conversations may spontaneously occur among the girls.



- Religion
- Sexuality
- Dating
- Abuse
- Suicide
- Cutting
- Eating Disorders
- Substance Abuse

Sensitive Issues

The topics in the left-hand column fall into this category. To notify parents about a planned program or speaker on a sensitive issue and to request their permission, use the Parent Permission form, found in the last section of Volunteer Essentials or in the forms section of our website.

Additionally, there may be a situation where the leader must take action to protect a girl's safety. If a girl discloses information regarding harm to herself or others, the leader must reach out immediately to helping professionals in the school or community.

A Girl Scout leader has the unique advantage of access to the "girl world" of these teens. Bear that responsibility with great care.

Take a moment now to answer Questions 14 – 15 of your learning log.



Girl Scout Cadettes: Resources

We've reviewed the three components of Girl Scouting that are especially important at the teen level. Now, let's identify 5 resources essential for Girl Scout Leaders.



Number 1 - Print Resources

Remember that the Girl's Guide and the Journey adult guides will be important resources as you learn. Volunteer Essentials, a locally published book will be included in the "New Leader Packet" from your Service Unit. In it, you will find Girl Scout policies, guidelines and tips for safe practices. Also, be sure to check out O.N.E. magazine for all the latest events and training opportunities for both girls and adults!



Girl Scout Cadettes: Resources



2 Local Area Volunteers

Number 2 - Your Local Area Volunteers

Be sure to attend your local area meetings where you can connect with members of the local leadership team and other troop leaders. These meetings can be a great place to make connections, have discussions and learn.

Girl Scout Cadettes: 5 Resources



2 Local Area Volunteers

If you are unclear about the location of your service unit or who to contact, see the map on the council website to look up your city and state,

Girl Scout Cadettes: Resources

Number 3 - Websites

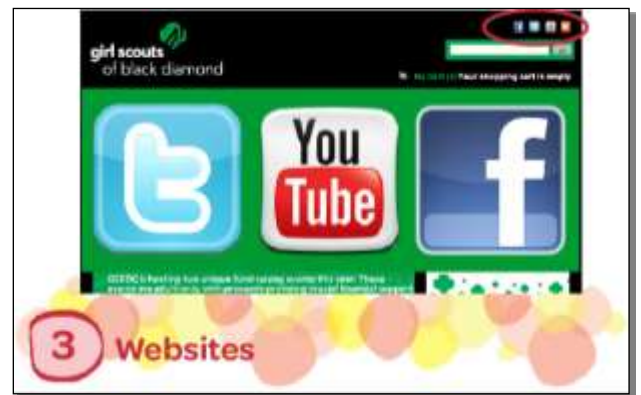
Girl Scouts of the USA, the national organization - has a website with lots of materials for both girls and leaders.



The GSBDC website also has a lot of material and should serve as a primary resource. In particular, check out the For Adults section. It has a section of Resources with information on ceremonies, Safety and Program. The For Girls section has links to information on other fun Girl Scout stuff. Under the publications link, found at the bottom of the website, you can find copies of: *On My Honor*, *O.N.E* and the *Annual Report*.

You can also stay connected to what is happening in the council through Black Diamond's Twitter feed, YouTube channel, Blog and Facebook page.

Click the icons at the top of the website to check these out!



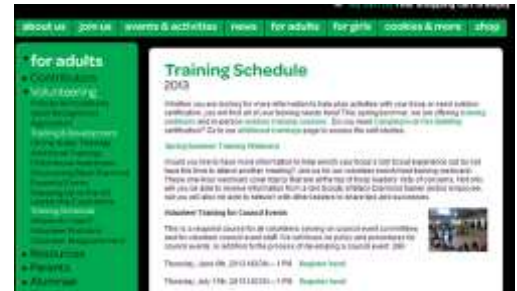
Girl Scout Cadettes: Resources

Number 4 – Ongoing Training and Support



Black Diamond offers several other trainings to help enrich your experience as a Girl Scout troop leader. On our website, Under “Volunteering-→Training and development,” you will find a link to a listing of online enrichment videos on Journeys, the Girls Guide and the Three Processes. This selection of video trainings is constantly being updated, so check back often to see what is new!

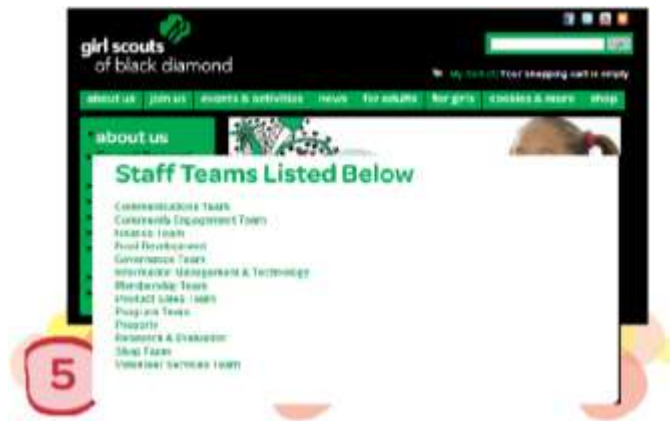
In addition to online video trainings that you can view at your convenience, we also offer webinars on many different subjects. From the training and development page, go to the training schedule to register for a webinar that interests you!



Finally, you might want to check out the “additional trainings” page to see what certifications are required for certain activities your girls might be interested in. Some certifications are available by self-study; others require more intensive, face-to-face training. There is a link on the additional trainings page to the training schedule, where you can find a listing of all upcoming in person certification trainings

Number 5 – Council Staff

Our entire staff is here to help you! Find a complete listing of all departments and staff in the about us section of our website.



Girl Scout Cadettes: Resources



Paper resources, service unit volunteers, websites, training/support and council staff. These are the five essential resources that can help you be successful with your teen troop.

Congratulations! You have completed the Girl Scout Cadette Grade Level training! You are well on your way to leading Girl Scout Cadettes. Thank you for your time, and your commitment to supporting the leaders of tomorrow

