

#### **UPPER NEW RIVER RAFTING**

Get your scouts feet wet in the majestic and breathtakingly scenic New River Gorge. Duckying the Upper New River is the perfect choice for an easy introduction to whitewater rafting. Larger rafts are also available for those wanting to take in the scenery and not get too wet above the ankles.

#### **Patch Requirements:**

- Follow guide instructions
- Self-rescue
- Paddle around rocks
- Paddle a figure 8
- Paddle through Class I & II rapids
- Be able to paddle a ducky forward 20 feet and backward 20 feet across the current using a ferry angle

Trip Includes: Lunch, helmet, PFD, paddle, boat,

guide, transportation to and from

river

**Trip Length:** 5-6 hours

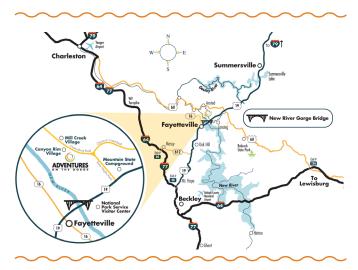
Ages 6-12 \$82.99 each Ages 13-99 \$107.49 each



There's nothing more improtant to Adventures on the Gorge than sharing our love of the outdoors with others, especially the younger generations. We are proud to work with the Black Diamond Council on our special Patch Program by rewarding scouts for trying new outdoor adventures.

#### For more information:

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**Pricing:** Rates listed are per person. These special rates are valid for Black Diamond Troops, Packs, Crews, or Posts as an organized function. They are not valid for families traveling on their own.

# PATCH PROGRAM Girl Scouts of Black Diamond





#### **KAYAKING**

Engage your scouts while they learn new skills. You'll spend much of this session in easy, Class I moving water. Depending on your progress, you may even experience a brief foray into Class II water, which has bigger waves. All employees are certified whitewater kayak instructors by the American Canoe Association.

#### **Patch Requirements:**

- Proper use and fitting of kayaks and gear
- Proper paddling form
- How to maintain balance and stability while in a kayak
- Bracing- a movement used to prevent a kayak from flipping over
- Wet exits, swimming, t-rescues, and self-rescues

Trip Includes: Lunch, helmet, PFD, paddle, boat,

instructor, transportation to and

from river

**Trip Length:** 5-6 hours

**Ages 10-99 \$107.50** each

## TREETOPS ZIPLINE CANOPY TOUR



A canopy tour is a combination of 10 zip lines, 5 cable bridges, and stationary tree platforms constructed within natural surroundings. It's an adrenaline-charged way to view the local flora and fauna from areas that are otherwise inaccessible. There is also a short hike and a 40 foot rappel as part of the tour.

#### **Patch Requirements:**

- Complete ground school
- Show proficiency in hand braking
- Follow guide instructions
- Complete 10 zip lines
- Complete 4 canopy bridges
- Complete a rappel

Closed-toed secure footwear is required.

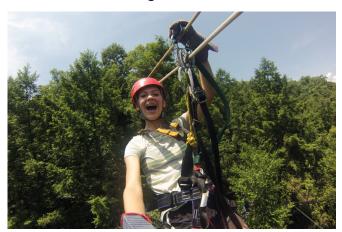
Participants must weigh between 90 and 260 lbs.

**Trip Includes:** Harnesses, helmets, gloves and

guides

**Trip Length:** 3 hours (may very based on group size)

Ages 10-12 \$60.00 each Ages 13-99 \$74.50 each





### TIMBERTREK ADVENTURE PARK

With five courses of varying difficulty, you'll climb, clamber and conquer four wooded acres and over 60 elements including bridges, ladders, tunnels and more. Each course is self-guided, allowing you to move at your own pace.

#### **Patch Requirements:**

- Complete ground school
- Show proficiency in operating the 'Smart Safe Belay' system
- Show proficiency in hooking up one's own trolley to the cable on zip line elements
- Complete one or more of the five courses

**Trip Includes:** Harnesses, helmets, gloves and staff

**Trip Length:** 3 hours (may very based on group size)

Closed-toed secure footwear is required. Participants must weigh less than 260 lbs.

**Ages 7-99 \$34.14** each

